

Temporomandibular Joint Disorders - Tzvika Greenbaum

DAY 1

8:30-9:00	Registration
9:00-11:00	<p><u>Clinical oriented scientific background:</u></p> <ul style="list-style-type: none">• Clinical anatomy of masticatory system• kinesiology, mechanics & patho-mechanics of the TMJ• Neck-Jaw connections: anatomical & functional• Upper neck & orofacial pain – neuroanatomical mechanism• Epidemiology of TMD• Etiology of TMD• Psychosocial factors in TMD• Common dental approach to TMD (oral appliance, behavioral therapy, surgical options)
11:00-11:30	Morning coffee
11:30-13:00	<p><u>Clinical reasoning of temporomandibular disorders:</u></p> <ul style="list-style-type: none">• Pain related TMD (myogenic TMD, arthralgia)• Intra-articular TMD (different disc dysfunctions)• Degenerative TMD (mainly osteoarthritis of TMJ)
13:00-13:45	Lunch
13:45-15:15	Assessment & therapeutics of the TMD: topographical anatomy, evidence based diagnostics of TMD (DC-TMD assessment tools) – clinical applications for physiotherapists
15:15-15:30	Coffee break
15:30-17:00	Assessment & therapeutics of pain related TMD: myogenic components

DAY 2

8:30-9:00	Summary of day 1
9:00-9:30	Dental background: oral appliances & bruxism
9:30-11:00	Assessment & therapeutics of pain related & degenerative TMD: TMJ components
11:00-11:30	Morning coffee
11:30-13:00	Assessment & therapeutics of intra-articular TMD: rehabilitation approaches to the different TMJ disc conditions
13:00-13:45	Lunch
13:45-15:15	Assessment & therapeutics upper neck involvement in TMD: upper neck differential diagnosis, upper neck short segmental assessment
15:15-15:30	Coffee break
15:30-16:30	Real case study demonstration & brain storming. End of course